

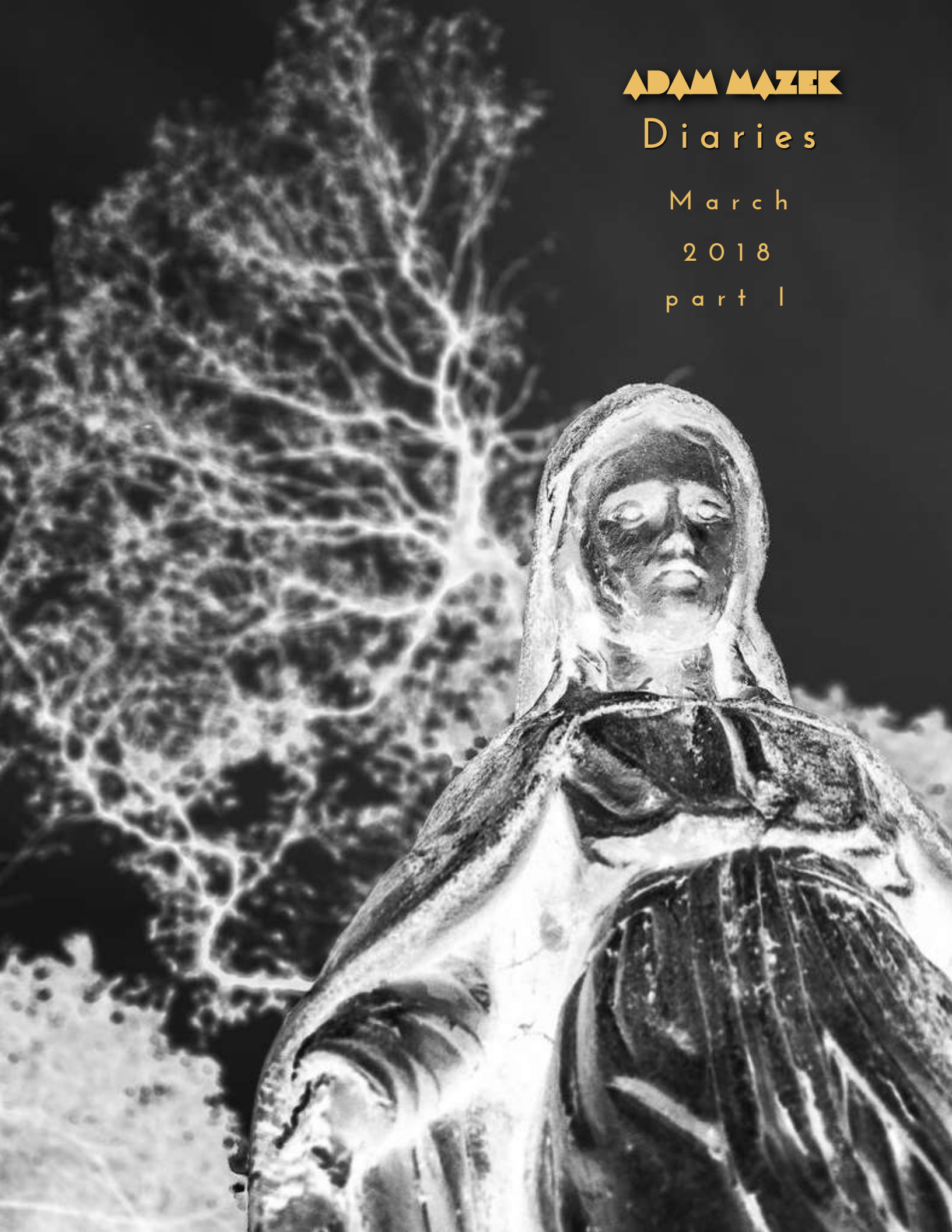
ADAM MAZEK

Diaries

March

2018

part I





- Post "Perfection"
- Cover: post "The Centenarian"

## PERFECTION

**I wrote about why perfection is boring in the first post of March 2018. Why do we want to be perfect? Sometimes I get the impression that for many people, perfectionism in its broad sense is an end in itself. Such people continuously wish to improve and strive for perfection. How can we find it out? For example, many people try to please their partners, behaving, and looking flawlessly. There are many examples related to the pursuit of perfection in everyday life. Is it possible to achieve perfectionism at all? I think not. I believe that striving for perfectionism, we waste our precious, vital energy, and our time on this activity. Therefore, e.g., my photos are not perfect. What's more, my writings are also not ideal. Perfection doesn't exist for me. If all my pictures and posts were to be accurate, I would probably never take any photos or launch [www.adammazek.com](http://www.adammazek.com).**

## PERFECTION

When it comes to perfect, beautiful, postcard photos, basically, the only thing we can say about them is that they are beautiful, but often boring at the same time. I believe that the sooner we understand that the pursuit of perfection is pointless, the better for us. Why? Because we realize that we have a limited time in this world and that there is no need to waste time on perfect crumbling over the details. If I were perfect, I would not have created this site or created (non-ideal) 'Diaries.' I encourage You, my Dear Friend, not to become a slave to perfectionism and to focus on looking for the real, sincere meaning of your life. The truth is that all people make mistakes. Let's try not to commit them, but don't do too much remorse if we've done them. Errors and lack of perfection are an indispensable element of human life. Instead of looking for ideals, I suggest focusing on someone you love and on the passion you (I hope) have. And as for perfectionism, I think it would be wise to forget that such a word exists.

- Post "Perfection"



## HOW TO CREATE BETTER PICTURES? PART III

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The next post is the third part of a series of tips on how to take better pictures (post "How to create better pictures? Part III"). I wrote in it that one of the best ways to improve photographic skills is to get inspired as often as possible. How can we do this? First of all, I recommend restricting TV viewing and surfing the Internet. Both television and the Internet are one of the main distractions that can inhibit the development of our passion. Unlike watching TV and mindless scrolling on your smartphone, I encourage you to read books. Personally, I love to read Dostoyevsky, Lem, or books by Taschen. Of course, magazines on culture and art in the broad sense do not have to be limited to the abovementioned Publishing house. Exploring the history of many artists and their works can really inspire us.





- [Post „How to create better pictures? Part III“](#)

## HOW TO CREATE BETTER PICTURES? PART III

**Why do I like to read about other artists? We can often compare the experiences of world-famous geniuses with our personal lives and our creative process. I'm sure reading literature is one of the best ways to be continuously inspired. In addition to writing, music also gives me creative inspiration to create new things. Can we imagine life without music? It seems practically impossible. When I hear my favorite songs, I always "fall into the rhythm." When listening, I often get different ideas about writing texts or my photographs. We can draw many exciting things from the musicians' biographies. We can learn from them the process of creation and be inspired by their life and work.**

## HOW TO CREATE BETTER PICTURES? PART III

**Who is my favorite music creator? There are many of them. I will give some examples: Michael Jackson, David Bowie, Madonna, or bands The Doors, Pink Floyd, or The Rolling Stones. Other areas of art also can help us find inspiration. These are paintings, films, poetry, photography, or science. To sum up, I recommend spending more time reading your favorite authors' books or listening to the songs of your beloved artists. I am sure that you will gain a lot of inspiration thanks to it, which we need to develop further in our photographic or artistic lifestyle.**



- [Post „How to create better pictures? Part III“](#)

## T-SHIRT

The next post published in March 2018 was called "T-shirt." In my writing, I asked why I wear T-shirts? I do this because I do not want to think and making everyday choices about what I wear today. I do not want this issue to become my most pressing problem. Wearing T-shirts is comfortable for me. I'm sure wearing a similar outfit every day helps save valuable time and energy. Many people thought and think like me in this world. Examples are Albert Einstein, Steve Jobs, or Barack Obama. Are the above gentlemen were successful because they wore similar clothes every day? Of course not. Nevertheless, I suppose this routine has helped them remove their small, everyday problems that consume the time and energy of a large proportion of people living in this world.

### *What will I wear today?*

It is a question that spends many people's nights of sleep. Personally, I prefer to focus on writing posts in the morning than wondering what outfit I should wear today.

- Post "T-Shirt"





## T-SHIRT

Interestingly, Einstein admitted that he did not want to waste his strength in choosing an outfit every morning. I would subscribe to a similar statement. Always wearing regular t-shirts helps me focus on more critical issues in my life. It's about my loved ones, my passions, and my work. I treat the consistency associated with wearing T-shirts as building and developing my branding. Let the T-shirt be my hallmark.

In conclusion, I encourage you, my dear friend, not to wear t-shirts every day, but to wear comfortable clothes. I suggest not spending too much time and energy on the problem of everyday appearance. Time is much more valuable than money. Wear an outfit in which you feel confident and comfortable. First of all, give satisfaction to yourself and not to others.





- Post "Rebel, rebel"

## "REBEL, REBEL"

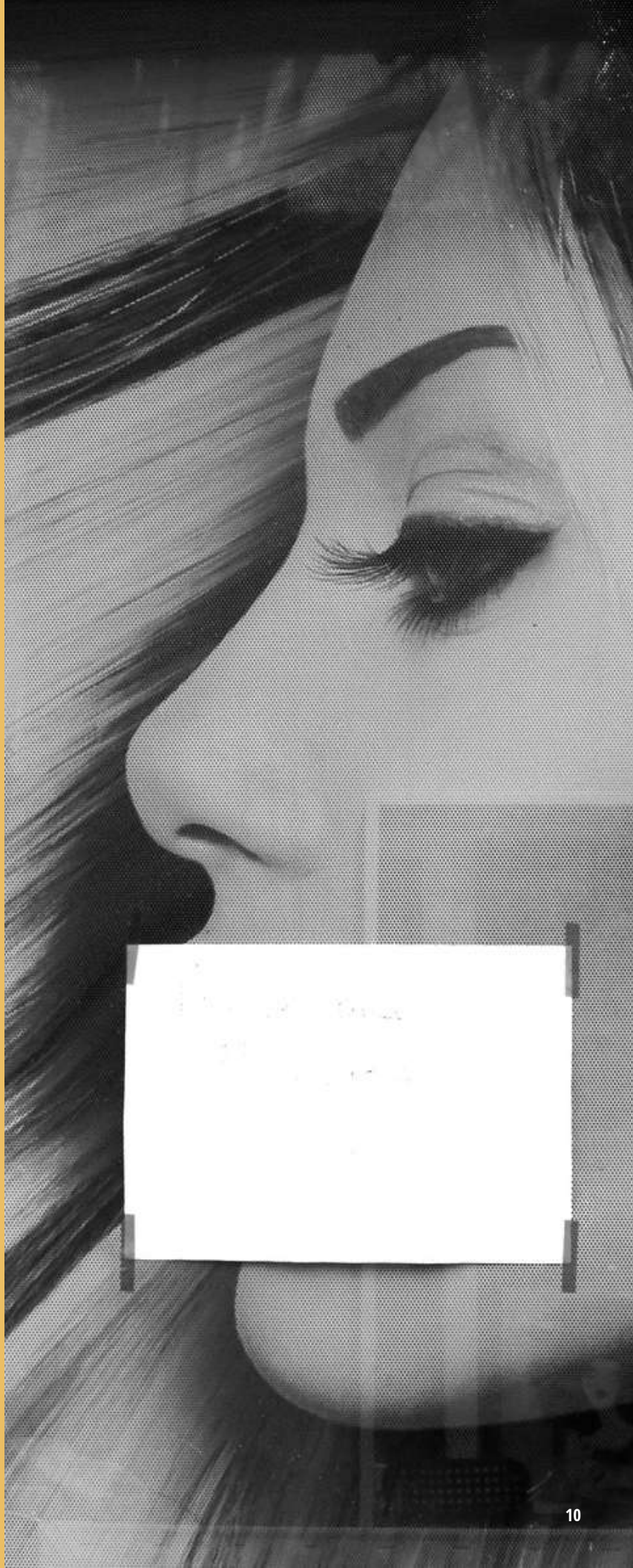
**As David Bowie sang in his famous song called "Rebel, Rebel" - no matter how strange and distinctive you are, you're beautiful all the time. In short: I agree with that. We should all feel as comfortable as possible in the surroundings. Stand out from the crowd is not a crime. There is nothing wrong with being a rebel or a freak. At the same time, I would like to add that there is nothing wrong with being an ordinary, average, gray citizen. Some people don't want to stand out. Let everyone be themselves within the law. We should all accept ourselves as we are. Regardless of whether you want to stand out from the crowd or not, be honest with yourself. Let's focus on the activities that are most important to us.**

**Fyodor Dostoyevsky wrote in "The Devils" that:**

## "REBEL, REBEL"

*Every minute, every instant of life ought to be a blessing to man... they ought to be, they certainly ought to be! It's the duty of man to make it so; that's the law of his nature, which always exists even if hidden...*

Photography is part of my "order of life," my blessing to which I devote a lot of time and energy. I appeal to You, my Dear Friend, for seeking in your life a passion which you will spend a large part of your vitality. Follow the direction you choose boldly, regardless of whether you are a conspicuous rebel or a calm man. Trust your intuition, because this usually does not disappoint us. If you want to create crazy things like David Bowie - do it. Or maybe you prefer more balanced creativity, in the style of Dostoevsky? Start creatively building new things today.



## IT'S MY WAY

The fifth post, published in March 2018, was a post called "It's my way." I wrote in it that I do not want to tell other people which life path they should follow. I also emphasized that you, to a vast extent, designate the possible ways in your life. Our attitude towards potential life paths can be divided into five categories:

- 1) we follow one chosen path;
- 2) we walk without knowing where we are going, we wander among many roads, we lose our thicket, often focusing not on what we should focus on;
- 3) we can see new ways on the horizon, but we pretend we don't see them. That is why we stand still, do not develop and continually analyze which path to take;
- 4) we can imagine hypothetical roads and dream about them that one day, somehow, we will land on one of them;
- 5) we can also simply be blind people who do not see any paths for themselves in life.



- Post „It's my way“

## IT'S MY WAY

**In my opinion, intuitive and straightforward solutions are often the best. That is why I choose option number 1. I know what I want from life and dealing with passion in the form of photography, and blogging is one of the parts of my life path. I want to make you aware, my Dear Friend, that there will always be more or less visible life paths that you can follow. Look for the best option for you. However, remember that the "best" way does not necessarily mean comfort, wealth, and a constant smile on your face. Your path may raise doubts and even pain.**

**Nevertheless, in the long run, your honest lifestyle will inevitably bring you satisfaction and fulfillment. Open your mind to new possibilities and other perspectives. Indeed, the so-called force majeure (e.g., a severe illness) may cause that our life plans will change radically.**

## IT'S MY WAY

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**That's why I'm trying to be like water. What does this mean in practice? I try not to feel pain despite the blows inflicted on me. I wrote more about it in "Diaries" from December 2017. There will always be something that can mentally destroy and break us. Nevertheless, it is worth remembering in times of crisis that, in the end, we will all die anyway. Every journey, whatever route it takes, must end someday. Remembering death, paradoxically, we can get incredible strength to act. Creating art is the key to success for me. I encourage You, my Dear Friend, to try to find my own path and follow it. Remember, however, that you won't find the answer to critical questions along your way. Doubts will only multiply. Nevertheless, you'll still be closer to your inner peace.**



- Post „It's my way“



**I'M NOT IN LOVE WITH  
MY CAR**

## I'M NOT IN LOVE WITH MY CAR

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To write the sixth post in March 2018, I was inspired by the concert of the Queen group, which took place in Montreal, Canada, in 1981 (post: "I'm not in love with my car"). The leading character of the show was Freddie Mercury. Nevertheless, it was not the legendary singer who was the hero of my post. The protagonist of my text was Roger Taylor, the band's drummer. During the concert, he sang the song "I'm in love with my car." Roger is the author of this song. In the words of the song, the author compares the attitude towards his car to love. When I saw the performance of the song at the concert, I was amazed at how much he was involved in his beautiful work. I had the feeling that if Roger Taylor stopped playing for Queen, his soul would somehow die. A moment later, I realized that it is similar to photography. If I had to stop taking photos, for example, because of a severe illness, my soul would largely disappear. I would be despondent. I think many artists have a similar fear of losing the ability to express their feelings by creating new things. Undoubtedly, breaking with passion is one of the saddest things that can happen in a person's life.

- Post "I'm not in love with my car." (also p. 14)





- Post " "I'm not in love with my car."

## I'M NOT IN LOVE WITH MY CAR

**In conclusion, I want to point out that:**

- 1) if you like the Queen band, you should watch the concert "Queen Rock Montreal";**
- 2) if you devote yourself entirely to your passion - don't give up!**
- 3) By the way: I'm not in love with my car. A vehicle is a tool for me that helps me achieve my goals. The case looks the same with a laptop, smartphone, or camera. These items help me fulfill my hobby of dreams. Through passion, I want to share with you my vision of the world, my dear Friend. I want to make you aware that we will never find answers to our critical existential questions. Nevertheless, we should look for them. Art is one of the best ways to do it. I want to encourage you to create new things. Find your style and follow it. Regardless of whether you love your car or not. Material objects should have a secondary role in our lives.**



## HIS MASTER'S FART

Below is the content of another post published in March 2018. This is a story inspired by the work of Stanislaw Lem. Before you "His Master's Fart":

- At last! We've decoded it! After one hundred and sixty years of research, we have decoded the voice from space! Shouted Professor George Freeman. - Our radio telescopes received the signal in 2222, and we finally succeeded! We made contact with extraterrestrial life! This is another giant leap in human history. We have achieved this incredible goal! Many scientists and philosophers did not believe that our civilization would manage to perform this difficult task. We did it, Marc! We - Americans! Here at SETI Institute, Mountain View, California.



## HIS MASTER'S FART

- But Professor Freeman... - assistant Marc whispered shyly.
- Quiet! Turn on this decoded shit! I want to hear the voice of aliens! - Professor Freeman couldn't hide both irritation and excitement in his voice.
- Professor Freeman, you won't believe it.
- Should I not believe in aliens? Over my dead body. All my life, I was skeptical about any sense of our existence, and now that we've received the sign, perhaps from our Creators, do you want to convince me that I will not believe in extraterrestrial life?
- Professor Freeman, you can hear the sound of gas coming out. - said assistant Marc calmly.
- What? - Professor Freeman didn't believe what he heard.
- In the recording, we hear nothing but a loud fart. Someone is emitting gas near the star Alpha Centauri, and we hear the sound. There is no divine sound of the cosmos or messages from extraterrestrial life or our Lord.
- Turn it on. I do not believe you... -

### **MEANWHILE, FOUR LIGHT-YEARS FROM EARTH...**

- Haha! Have you seen this, Commander? I did it for fun. I didn't want to cause confusion. I was bored while on duty. As a result, I sent people the voice of their fart. I did it for fun. Have you seen the Commander their faces? I really had fun.
- Uluk, you get a reprimand. Remember that the United Dimensions organization strictly forbids contact with underdeveloped civilizations. We do it for their safety. Our goal is to protect them. We are obliged to save primitive and endangered species. Remember: we don't contact people for their good. Any contact with them will end in their imminent extinction.





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**THE CENTENARIAN**

## THE CENTENARIAN

To write the next post, I was inspired by a short story by Fyodor Dostoyevsky, "The Centenarian." The story masterfully tells the story of transience. The work of the Russian genius is one of the most touching and moving content I've ever read. The story is about the death of a 104-year-old woman. A hundred-year-old old woman dies in front of a few-year-old child. Poetically, the author asks questions that we will never find answers to: why are we dying? What is the purpose of our life? How is it possible that throughout all the years of human existence, people who were no longer remembered quietly were born and died peacefully. The only thing left after them is the sound of silence. Today these people are "nameless." For historians and scientists, they are just statistics. Their lives passed through history as quickly and quietly as the blink of an eye. Millions of people live imperceptibly and die imperceptibly. Only Dostoyevsky, in such an excellent way, could describe it all in such a minimalist form.



- Post „The Centenarian“ (also p. 19)
- p. 17 and 18 - post: "His Master's Fart"



- Post „The Centenarian”

## **THE CENTENARIAN**

**Thanks to "The Centenarian" reading, I fell into a state of reflection on the transience and fragility of our lives. Dostoyevsky's story also teaches us respect for older people. Recall that the famous Russian writer wrote the title story in the nineteenth century. Even today, despite the highly advanced level of medicine, most people are unable to reach the magical limit of one hundred years of life. Is it not true that we should respect all those people who have survived the whole age? Or those who are getting closer to this border day by day, year by year? The truth is, reading Russian genius texts is like mental therapy. I think this is one of the best ways to develop the mind, imagination, and soul. Another way to do this is to create art, but it's a story for a separate text.**

**END OF PART I**